

INDOOR TRACK FIELD ALL TIME LIST - FEMALE

All Time Indoor 400 Meter List

	<u>Name</u>	<u>School</u>	<u>Grade</u>	<u>Year</u>	<u>Time</u>	<u>Location</u>
<u>Top Times</u>						
1	<u>Garner, Tionna</u>	<u>Monmouth University</u>	<u>FR</u>	<u>2013-2014</u>	<u>56.12f</u>	<u>NY Armory - MAAC Champs</u>
2	Garner, Tionna	Monmouth University	FR	2013-2014	56.58f	NY Armory - Laf/Rider Games
3	Garner, Tionna	Monmouth University	<u>SO</u>	2014-2015	56.61f	NY Armory - Metro Invite
4	Garner, Tionna	Monmouth University	<u>SO</u>	2014-2015	56.79f	NY Armory - MAAC Champs
5	Cupp, Jenna	Monmouth University	FR	2013-2014	58.27f	NY Armory - Laf/Rider Games

All Time Indoor 500 Meter List

	<u>Name</u>	<u>School</u>	<u>Grade</u>	<u>Year</u>	<u>Time</u>	<u>Location</u>
<u>Top Times</u>						
1	<u>Garner, Tionna</u>	<u>Monmouth University</u>	<u>SO</u>	<u>2014-2015</u>	<u>1:13.41f</u>	<u>Boston Univ - Scaarlet/White</u>
2	Garner, Tionna	Monmouth University	FR	2014-2015	1:13.96f	NY Armory - Collegiate
3	Garner, Tionna	Monmouth University	FR	2013-2014	1:14.80f	NY Armory - Columbia Invite
4	Naumov, Zoya	Monmouth University	FR	2013-2014	1:15.94f	NY Armory - Columbia Invite
5	Toritto, Danielle	Monmouth University	SR	2012-2013	1:16.40f	Cox Cage - Giegengack
6	Garner, Tionna	Monmouth University	FR	2013-2014	1:16.77f	Monmouth - Blue/White

All Time Indoor 600 Meter List

	<u>Name</u>	<u>School</u>	<u>Grade</u>	<u>Year</u>	<u>Time</u>	<u>Location</u>
<u>Top 5 Individuals</u>						
1	<u>Binder, Molly</u>	<u>Lincoln Sudbury HS</u>	<u>11th</u>	<u>2006-2007</u>	<u>1:35.45f</u>	<u>Reggie Lewis Center</u>
2	Jamieson, Dana	Lincoln Sudbury HS	11th	2006-2007	1:35.5f	Reggie Lewis Center
3	Mephram, Emily	Lincoln Sudbury HS	12th	2007-2008	1:36.4f	Reggie Lewis Center
4	Griffin, Jessica	Lincoln Sudbury HS	10th	2006-2007	1:36.6f	Reggie Lewis Center
5	Garner, Tionna	Monmouth University	FR	2013-2014	1:38.06f	Monmouth - MAC Classic

INDOOR TRACK FIELD ALL TIME LIST - FEMALE

All Time Indoor 800 Meter List

	<u>Name</u>	<u>School</u>	<u>Grade</u>	<u>Year</u>	<u>Time</u>	<u>Location</u>
<u>Top 10 Individuals</u>						
1	<u>Eller, Amanda</u>	<u>Monmouth University</u>	<u>SR</u>	<u>2012-2013</u>	<u>2:10.79f</u>	<u>Boston Univ - Terrier</u>
2	Naumov, Zoya	Monmouth University	FR	2013-2014	2:11.20f	Boston Univ - ECAC Trials
3	Cupp, Jenna	Monmouth University	SO	2014-2015	2:11.27f	Boston Univ - Scarlet/White
4	Nelson, Christina	Monmouth University	SR	2010-2011	2:11.46f	Boston Univ - Terrier
5	MacEwen, Emily	Monmouth University	SR	2012-2013	2:11.83f	Boston Univ - Terrier
6	Wilson, Allie	Monmouth University	FR	2014-2015	2:11.86f	NY Armory - MAAC Champs
7	Hand, Kendal	Monmouth University	JR	2014-2015	2:11.99f	Boston Univ - ECAC Trials
8	Mepham, Emily	Lincoln Sudbury HS	12th	2007-2008	2:12.68f	NY Armory - NSIC
9	Leavitt, Danielle	Monmouth University	FR	2014-2015	2:13.91f	NY Armory - MAAC Champs
10	Toritto, Danielle	Monmouth University	SR	2012-2013	2:13.65f	Boston Univ - Terrier

All Time Indoor 800 Meter List

	<u>Name</u>	<u>School</u>	<u>Grade</u>	<u>Year</u>	<u>Time</u>	<u>Location</u>
<u>Top 15 Times</u>						
1	<u>Eller, Amanda</u>	<u>Monmouth University</u>	<u>SR</u>	<u>2012-2013</u>	<u>2:10.79f</u>	<u>Boston Univ - Terrier</u>
2	Naumov, Zoya	Monmouth University	FR	2013-2014	2:11.20f	Boston Univ - ECAC Trials
3	Cupp, Jenna	Monmouth University	SO	2014-2015	2:11.27f	Boston Univ - Scarlet/White
4	Nelson, Christina	Monmouth University	SR	2010-2011	2:11.46f	Boston Univ - Terrier
5	MacEwen, Emily	Monmouth University	SR	2012-2013	2:11.83f	Boston Univ - Terrier
6	Wilson, Allie	Monmouth University	FR	2014-2015	2:11.86f	NY Armory - MAAC Champs
7	Hand, Kendal	Monmouth University	JR	2014-2015	2:11.99f	Boston Univ - ECAC Trials
8	Cupp, Jenna	Monmouth University	FR	2013-2014	2:12.28f	Boston Univ - ECAC Trials
9	Cupp, Jenna	Monmouth University	SO	2014-2015	2:12.59f	NY Armory - MAAC Champs
10	Mepham, Emily	Lincoln Sudbury HS	12th	2007-2008	2:12.68f	NY Armory - NSIC
11	Wilson, Allie	Monmouth University	FR	2014-2015	2:12.89f	NY Armory - Metro Invite
12	Cupp, Jenna	Monmouth University	SO	2014-2015	2:12.94f	NY Armory - Metro Invite
13	Hand, Kendal	Monmouth University	JR	2014-2015	2:13.45f	NY Armory - MAAC Champs
14	Leavitt, Danielle	Monmouth University	FR	2014-2015	2:13.91f	NY Armory - MAAC Champs
15	Toritto, Danielle	Monmouth University	SR	2012-2013	2:13.65f	Boston Univ - Terrier

INDOOR TRACK FIELD ALL TIME LIST - FEMALE

All Time Indoor 1000 Meter List

	<u>Name</u>	<u>School</u>	<u>Grade</u>	<u>Year</u>	<u>Time</u>	<u>Location</u>
<u>Top 10 Individuals</u>						
1	<i>Cupp, Jenna</i>	<i>Monmouth University</i>	<i>SO</i>	<i>2014-2015</i>	<i>2:49.38f</i>	<i>NY Armory - Collegiate</i>
2	Eller, Amanda	Monmouth University	SR	2012-2013	2:52.55f	NY Armory - NYU Fastrack
3	Mephram, Emily	Lincoln Sudbury HS	12th	2007-2008	2:53.09f	Reggie Lewis Center - MA All State
4	Nelson, Christina	Monmouth University	SR	2010-2011	2:53.91t	Reggie Lewis Center - ECAC t
5	Leavitt, Danielle	Monmouth University	FR	2014-2015	2:56.04f	NY Armory - Collegiate
6	Wilson, Allie	Monmouth University	FR	2014-2015	2:57.46f	NY Armory - Collegiate
7	Binder, Molly	Lincoln Sudbury HS	11th	2006-2007	2:57.8f	Reggie Lewis Center - MA Class A
8	Ball, Jessica	Monmouth University	FR	2013-2014	2:58.38f	Boston Univ - Terrier
9	MacEwen, Emily	Monmouth University	JR	2011-2012	2:58.45f	NY Armory - Great Dane
10	Griffin, Jessica	Lincoln Sudbury HS	10th	2006-2007	2:58.9f	Reggie Lewis Center - MA Class A

All Time Indoor 1000 Meter List

	<u>Name</u>	<u>School</u>	<u>Grade</u>	<u>Year</u>	<u>Time</u>	<u>Location</u>
<u>Top 10 Times</u>						
1	<i>Cupp, Jenna</i>	<i>Monmouth University</i>	<i>SO</i>	<i>2014-2015</i>	<i>2:49.38f</i>	<i>NY Armory - Collegiate</i>
2	Eller, Amanda	Monmouth University	SR	2012-2013	2:52.55f	NY Armory - NYU Fastrack
3	Mephram, Emily	Lincoln Sudbury HS	12th	2007-2008	2:53.09f	Reggie Lewis Center - MA All State
4	Nelson, Christina	Monmouth University	SR	2010-2011	2:53.91t	Reggie Lewis Center - ECAC t
5	Eller, Amanda	Monmouth University	JR	2011-2012	2:55.28t	Reggie Lewis Center - ECAC t
6	Nelson, Christina	Monmouth University	SR	2010-2011	2:55.31f	NY Armory - Great Dane
7	Eller, Amanda	Monmouth University	JR	2011-2012	2:55.73f	NY Armory - Collegiate
8	Cupp, Jenna	Monmouth University	SO	2014-2015	2:55.76f	Rutgers - Rutgers Invite
9	Mephram, Emily	Lincoln Sudbury HS	12th	2007-2008	2:55.97f	Reggie Lewis Center - NE Champs
10	Leavitt, Danielle	Monmouth University	FR	2014-2015	2:56.04f	NY Armory - Collegiate

INDOOR TRACK FIELD ALL TIME LIST - FEMALE

All Time Indoor Mile List

<u>Name</u>	<u>School</u>	<u>Grade</u>	<u>Year</u>	<u>Time</u>	<u>Location</u>
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Top 8 Individuals

<u>1</u>	<u>Eller, Amanda</u>	<u>Monmouth University</u>	<u>JR</u>	<u>2011-2012</u>	<u>4:58.57f</u>	<u>West Point - 6 Team</u>
2	Cupp, Jenna	Monmouth University	FR	2013-2014	5:01.7f	NY Armory - Columbia Invite
3	Lisa Burkholder	Cherokee HS	10th	2003-2004	5:02.14f	Princeton - MOC
4	Nelson, Christina	Monmouth University	12th	2010-2011	5:06.73f	Prince George (MD) - NEC F
5	Leavitt, Danielle	Monmouth University	FR	2014-2015	5:08.42f	Boston Univ - Scarlet/White
6	Embrey, Laura	Monmouth University	SR	2009-2010	5:08.59f	Prince George (MD) - NEC F
7	Wilson, Allie	Monmouth University	FR	2014-2015	5:08.64f	Lehigh Univ - Angry Birds
8	Keklak, Andrea	Lincoln Sudbury HS	9th	2007-2008	5:09.0f	Reggie Lewis Center - Class A

All Time Indoor Mile List

<u>Name</u>	<u>School</u>	<u>Grade</u>	<u>Year</u>	<u>Time</u>	<u>Location</u>
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Top 10 Times

<u>1</u>	<u>Eller, Amanda</u>	<u>Monmouth University</u>	<u>JR</u>	<u>2011-2012</u>	<u>4:58.57f</u>	<u>West Point - 6 Team</u>
2	Eller, Amanda	Monmouth University	SR	2012-2013	5:00.68f	<u>West Point - 6 Team</u>
3	Eller, Amanda	Monmouth University	JR	2011-2012	5:01.44f	Prince George (MD) - NEC F
4	Cupp, Jenna	Monmouth University	FR	2013-2014	5:01.7f	NY Armory - Columbia Invite
5	Lisa Burkholder	Cherokee HS	10th	2003-2004	5:02.14f	Princeton - MOC
6	Lisa Burkholder	Cherokee HS	10th	2003-2004	5:02.34f	NY Armory - NB Games
7	Cupp, Jenna	Monmouth University	SO	2014-2015	5:02.48f	Lehigh Univ - Angry Birds
8	Eller, Amanda	Monmouth University	SR	2012-2013	5:03.37f	Lehigh Univ - Angry Birds
9	Nelson, Christina	Monmouth University	12th	2010-2011	5:06.73f	Prince George (MD) - NEC F
10	Eller, Amanda	Monmouth University	SR	2012-2013	5:06.81f	Prince George (MD) - NEC F

INDOOR TRACK FIELD ALL TIME LIST - FEMALE

All Time Indoor 4x400 Meter List

<u>School</u>	<u>Time - Year</u>	<u>Names - Place/Meet</u>	
1	<u>Monmouth University</u>	<u>3:56.08f - 2013-2014</u>	<u>Jenna Cupp - Tionna Garner - Zoya Naumov - Jessica Ball</u>
2	Monmouth University	3:58.61f - 2014-2015	Jenna Cupp - Allie Wilson - Danielle Leavitt - Tionna Garner - Monmouth/Winter Collegiate
3	Lincoln Sudbury HS	3:59.3f - 2007-2008	Jessica Griffin - Molly Binder - Emily Mephram - Dana Jamieson - Reggie/MA CI A
4	Monmouth University	3:59.45f - 2011-2012	Emily MacEwen - Amanda Eller - Danielle Toritto - Ali Hehn - NY Armory/Columbia Invite
5	Lincoln Sudbury HS	3:59.6f - 2007-2008	Jessica Griffin - Molly Binder - Emily Mephram - Dana Jamieson - Reggie/MA All State
6	Lincoln Sudbury HS	4:00.8f - 2006-2007	Molly Binder - Jessica Griffin - Emily Mephram - Dana Jamieson - Reggie Lewis
7	Lincoln Sudbury HS	4:01.3f - 2006-2007	Jessica Griffin - Emily Mephram - Molly Binder - Dana Jamieson - Reggie Lewis
8	Lincoln Sudbury HS	4:02.3f - 2006-2007	Jessica Griffin - Emily Mephram - Olivia Reed - Molly Binder - Reggie Lewis
9	Lincoln Sudbury HS	4:02.9f - 2007-2008	Jessica Griffin - Molly Binder - Emily Mephram - Dana Jamieson - Reggie Lewis
10	Lincoln Sudbury HS	4:04.0f - 2006-2007	Jessica Griffin - Claire Arthur - Emily Mephram - Molly Binder - Reggie Lewis

All Time Indoor 4x800 Meter List

<u>School</u>	<u>Time</u>	<u>Names</u>	
1	<u>Monmouth University</u>	<u>8:46.56f - 2014-2015</u>	<u>Allie Wilson - Danielle Leavitt - Jenna Cupp - Tionna Garner - Boston Univ/ECAC F</u>
2	Monmouth University	8:49.13f - 2014-2015	Allie Wilson - Danielle Leavitt - Jenna Cupp - Tionna Garner - Boston Univ/ECAC T
3	Monmouth University	8:58.31f - 2014-2015	Jenna Cupp - Danielle Leavitt - Allie Wilson - Tionna Garner - NY Armory/Collegiate
4	Monmouth University	9:02.34f - 2011-2012	Emily MacEwen - Danielle Toritto - Ali Hehn - Amanda Eller - Reggie Lewis/ECAC F
5	Monmouth University	9:02.52f - 2013-2014	Jenna Cupp - Kendal Hand - Tionna Garner - Zoya Naumov - NY Armory/Collegiate
6	Monmouth University	9:03.88t - 2011-2012	Emily MacEwen - Danielle Toritto - Amanda Eller - Ali Hehn - Reggie Lewis/ECAC T
7	Monmouth University	9:06.89f - 2011-2012	Emily MacEwen - Amanda Eller - Danielle Toritto - Ali Hehn - NY Armory Collegiate
8	Monmouth University	9:07.54t - 2010-2011	Emily MacEwen - Danielle Toritto - Amanda Eller - Christina Nelson - Reggie Lewis/ECAC T
9	Lincoln Sudbury HS	9:11.79f - 2006-2007	Jessica Griffin - Emily Mephram - Dana Jamieson - Molly Binder - NY Armory ***STATE RECORD
10	Lincoln Sudbury HS	9:16.6f - 2007-2008	Dana Jamieson - Emily Mephram - Molly Binder - Jessica Griffin - Reggie Lewis/MA ALL STATE

All Time Indoor Distance Medley List

<u>School</u>	<u>Time</u>	<u>Names</u>	
<u>1</u>	<u>Monmouth University</u>	<u>11:44.56f - 2012-2013</u>	<u>Emily MacEwen - Kate Frye - Danielle Toritto - Amanda Eller - Boston Univ/Terrier</u>
2	Monmouth University	11:50.18f - 2012-2013	Emily MacEwen - Kate Frye - Danielle Toritto - Amanda Eller - Boston Univ/ECAC
3	Monmouth University	11:52.24f - 2010-2011	Amanda Eller - Colleen Rutecki - Emily MacEwen - Christina Nelson - Boston Univ/ECAC
4	Monmouth University	11:52.94f - 2009-2010	Laura Embrey - Colleen Rutecki - Emily MacEwen - Cailin Lynam - Reggie Lewis/ECAC
5	Monmouth University	11:54.04f - 2011-2012	Amanda Eller - Colleen Rutecki - Emily MacEwen - Jennifer Nelson - Boston Univ/Terrier
6	Monmouth University	11:53.77f - 2010-2011	Amanda Eller - Colleen Rutecki - Emily MacEwen - Christina Nelson (4:53.5) - Boston Univ/Terrier
7	Monmouth University	11:58.99f - 2014-2015	Allie Wilson - Vanessa Dautruche - Kendal Hand - Jenna Cupp - NY Armory/MAAC
8	Monmouth University	11:59.78f - 2013-2014	Zoya Naumov - McKenna Coackley - Tionna Garner - Jenna Cupp - Boston Univ/Terrier
9	Monmouth University	12:04.52f - 2009-2010	Laura Embrey - Michelle Losey - Emily MacEwen - Cailin Lynam - Boston Univ/Terrier
10	Monmouth University	12:07.06f - 2012-2013	Emily MacEwen - Morgan Spann - Danielle Toritto - Amanda Eller - Prince George/NEC

INDOOR TRACK FIELD ALL TIME LIST - FEMALE

All Time Indoor 600 Meter List

	<u>Name</u>	<u>School</u>	<u>Grade</u>	<u>Year</u>	<u>Time</u>	<u>Location</u>
<u>Top 5 Individuals</u>						
1	<u>Binder, Molly</u>	<u>Lincoln Sudbury HS</u>	<u>11th</u>	<u>2006-2007</u>	<u>1:35.45f</u>	<u>Reggie Lewis Center</u>
2	Jamieson, Dana	Lincoln Sudbury HS	11th	2006-2007	1:35.5f	Reggie Lewis Center
3	Mepham, Emily	Lincoln Sudbury HS	12th	2007-2008	1:36.4f	Reggie Lewis Center
4	Griffin, Jessica	Lincoln Sudbury HS	10th	2006-2007	1:36.6f	Reggie Lewis Center
5	Garner, Tionna	Monmouth University	FR	2013-2014	1:38.06f	Monmouth
<u>Top 10 Times</u>						
1	<u>Binder, Molly</u>	<u>Lincoln Sudbury HS</u>	<u>11th</u>	<u>2006-2007</u>	<u>1:35.45f</u>	<u>Reggie Lewis Center</u>
2	Jamieson, Dana	Lincoln Sudbury HS	11th	2006-2007	1:35.5f	Reggie Lewis Center
3	Jamieson, Dana	Lincoln Sudbury HS	11th	2006-2007	1:35.7f	Reggie Lewis Center
4	Jamieson, Dana	Lincoln Sudbury HS	12th	2007-2008	1:35.8f	Reggie Lewis Center
5	Mepham, Emily	Lincoln Sudbury HS	12th	2007-2008	1:36.4f	Reggie Lewis Center
6	Binder, Molly	Lincoln Sudbury HS	11th	2006-2007	1:36.5f	Reggie Lewis Center
7	Griffin, Jessica	Lincoln Sudbury HS	10th	2006-2007	1:36.6f	Reggie Lewis Center
8	Jamieson, Dana	Lincoln Sudbury HS	12th	2007-2008	1:36.6f	Reggie Lewis Center
9	Griffin, Jessica	Lincoln Sudbury HS	10th	2006-2007	1:36.6f	Reggie Lewis Center
10	Binder, Molly	Lincoln Sudbury HS	12th	2007-2008	1:36.6f	Reggie Lewis Center